

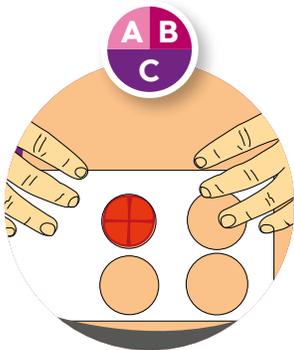
Application Card

Natura[®] Skin Barriers

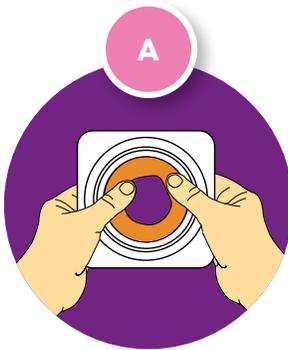
- A** Moldable
- B** Cut-to-Fit
- C** Pre-Cut



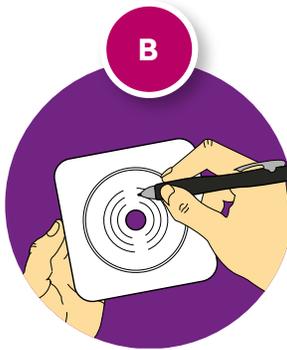
1 Skin barrier application



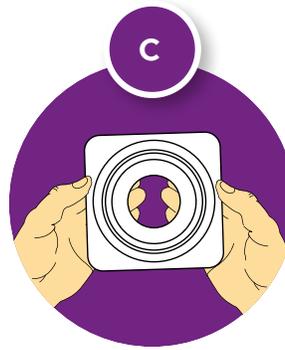
Measure the stoma and select the appropriate size skin barrier.



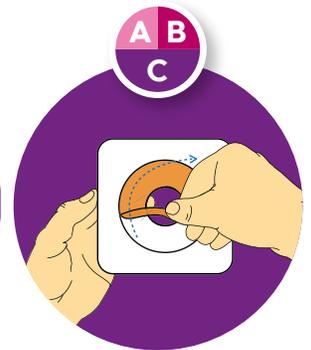
Moldable barriers
For a custom fit, roll and shape the disc to the size of your stoma. Do not stretch, pull or cut.



Cut-to-fit barriers
Trace the stoma size on the centre of the white release paper on the reverse of the skin barrier, then cut 3mm (1/8") larger than your tracing.



Pre-cut barriers
Select a skin barrier with a pre-cut opening slightly larger than your stoma.

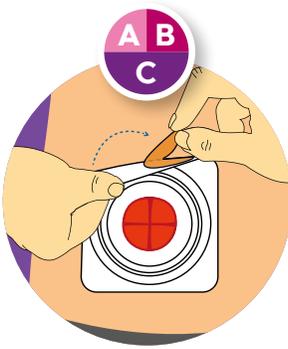


Peel off release liner and centre the opening over the stoma. Apply to clean, dry skin.

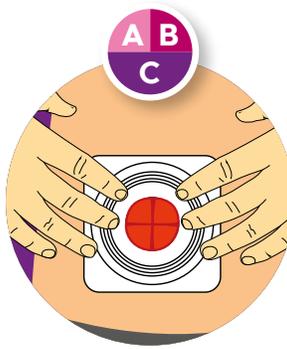
2 Applying and wearing the pouch



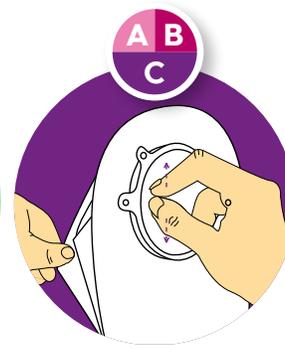
Press the skin barrier into place and if necessary, re-adjust the rolled adhesive to create a snug fit. Smooth and hold the skin barrier in place for 30 seconds.



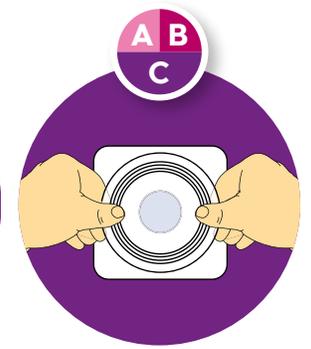
If present, peel off the white release liner from the tape border.



Press gently against skin, smoothing out any wrinkles.



Separate the sides of the pouch to allow some air to enter.

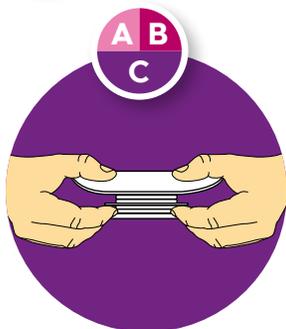


For skin barrier with an Accordion flange, PULL UP the Accordion flange and hold with thumbs on top and fingers underneath. Align flanges of pouch and skin barrier.

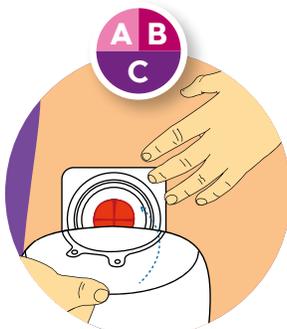
Natura[®] Skin Barriers

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2 Applying and wearing the pouch

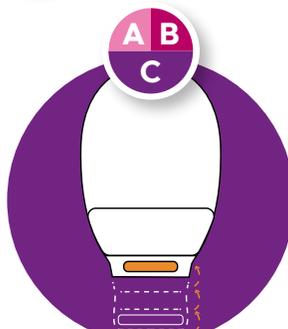


For skin barrier with an Accordion flange
Start at the bottom and apply pressure around the flanges until they snap together. Then, place the Accordion flange in the **DOWN** position for a flat profile.

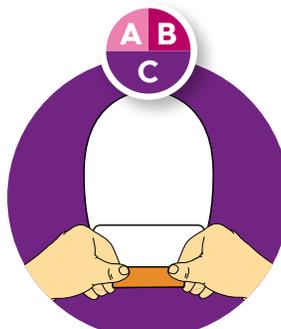


Position pouch over the skin barrier. Gently press the flanges together starting at the bottom until they "snap" in place and feel secure. **Always double check the coupling is completely closed, if not repeat the steps.**

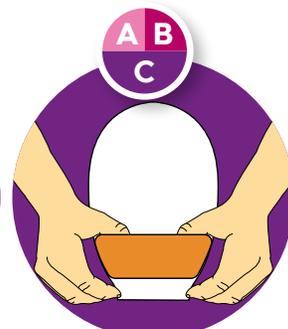
3 Closing a drainable pouch



Fold the end up towards you until the interlocking closures line up.

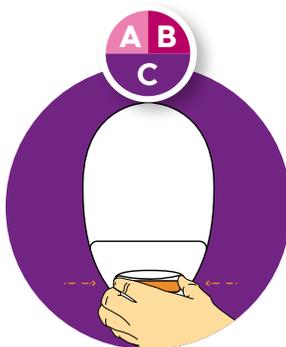


Press and pinch around the closure to secure.

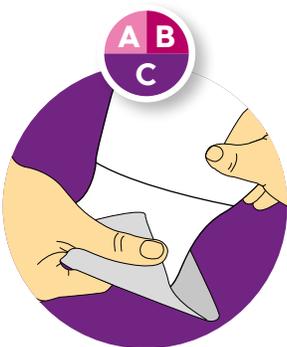


Turn the Lock-it-Pocket™ inside-out to tuck tail inside.

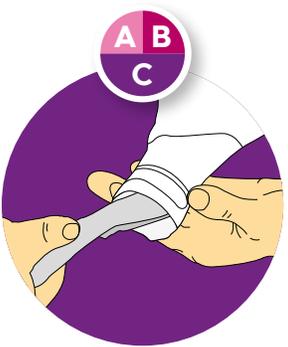
4 Emptying and cleaning a drainable pouch



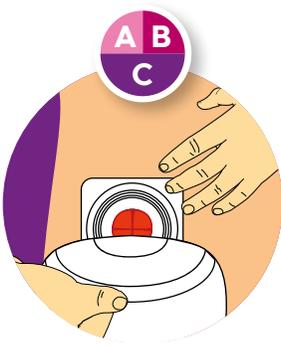
To empty pouch, tilt the tail up towards your body. Peel open the closure and unravel tail. Unlock pouch closure and open the tail by pushing in both ends of the outlet end-strips with fingers. Drain pouch.



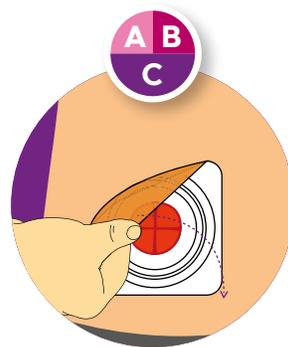
Tips for cleaning the pouch
Support the pouch with one hand and wipe tail of pouch in firm downward motion with toilet tissue in other hand.



Clean in the inside surface of tail with toilet tissue or baby wipe.



To remove the pouch from the flange, hold the flange down with one hand and gently un-snap the pouch.



Gently pull the skin barrier down, away from the skin, while supporting the adjacent skin with your other hand.

5 Removing the pouch



For more information, please call our Customer Relations Center (Registered Nurses on staff) at **1-800-465-6302**, Monday through Friday, 8:00 AM to 6:00 PM (EST), or visit **convatec.ca**

